



HOUSTON COUNTY

304 South Marshall Street
Caledonia, Minnesota 55921

WHAT is Family Home Visiting?

Family Home Visiting (FHV) is a voluntary program for expectant parents and parents of young children 0 – 6 years of age. Families begin by meeting with a FHV Nurse who will discuss any questions or concerns about pregnancy or your child's development. Based on this discussion, all families will receive information and learn about resources available in the community for parents. Some families will receive further support through home visitation. That's right, information brought right to the home.

WHO can participate in Family Home Visiting?

Parents residing in Houston County.

WHEN do FHV services begin?

Services can begin during pregnancy or anytime before the child's 6th birthday.

WHY participate in FHV?

Parents are the most important people in a child's life.

Parents are the first and most important teachers a child will ever have.

Parenting is a very demanding job, and all parents have worries, questions, and stress.

WHAT can parents expect?

Support through your pregnancy and the early years of your child's life.

Ways to make your home safer for your child.

Information on how to care for your child.

Facts that will let you know your child is growing and developing in healthy ways.

Activities that you and your child can enjoy together that can stimulate your child's brain development.

Access to other community services.

What are the main GOALS of FHV?

Healthy pregnancies and births

Health child growth and development

Healthy, safe homes

Self-sufficient families

What learning activities are offered?

Home Safety Check—preventing childhood injuries

H.O.M.E. Assessment -- making a nurturing home environment for your child

Parenting Classes – through the use of proven curriculums families are offer tips to positive parenting

Houston County Public Health believes:

All families have strengths

Families are responsible for their children

Families are the primary decision makers regarding their children

Communities recognize their roles in children's lives

Communities recognize that all children must succeed.

Prevention and early intervention improves the community's well-being.

Public and private partnerships are vital to a successful program.

Fact: By age three, 90% of a child's brain is developed.

Our MISSION:

Houston County's Family Home Visiting supports families as they build healthy, safe environments for the optimal growth and development of children.